# **UKCBT-MM**

The effectiveness and cost effectiveness of cognitive behaviour therapy for opiate addicts in methadone maintenance treatment: a multi-centre, randomised controlled trial (UKCBTMM). Funded by the Department of Health Drug Misuse Initiative 2000-2003, £410,000.

## Research Team

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### Peer reviewed papers

Kouimtsidis C, Reynolds M, Coulton S, Drummond C. 2012. How does Cognitive Behaviour Therapy work with opioid dependent clients? Results of the UKCBTMM Study. Drugs: Education, Prevention and Policy, 19(3), 253–258.

Drummond, C., Kouimtsidis, C., Reynolds, M., Russell, I., Godfrey, C., McCusker, M., Coulton, S., Parrott, S., Davis, P., Tarrier, N., Turkington, D., Sell, L., Merrill, J, Williams, H., Abou-Saleh, M., Ghodse, H., Porter, S., Daw, R., Fyles, N., Keating, S., Moloney, A., Pryce, K., Mehdikhani, M., Barnaby, B., Jack, L., Ruben, S. and UKCBTMM Project Team (2005). The effectiveness and cost effectiveness of Cognitive Behaviour Therapy for opiate misusers in methadone maintenance treatment: A multicentre, randomised, controlled trial. UKCBTMM Study: United Kingdom Cognitive Behaviour Therapy Study in Methadone Maintenance Treatment. Drugs-Education Prevention & Policy, 12. 69-76.

### **Books and chapters**



Kouimtsidis C. & Drummond C. 2010. Cognitive behaviour therapy for opiate misusers in methadone maintenance treatment. In: Responding to Drug Misuse; Research and Policy Priorities In Health and Social Care. Edited by Susanne MacGregor. Routledge, London.

Kouimtsidis C, Reynolds M, Drummond C, Davis P, Tarrier N. 2007. Cognitive Behavioural Therapy in the Treatment of Addiction: A Treatment Planner for Clinicians. John Wiley and Sons Ltd, London.

#### **UK and International Conferences**

World Conference on Cognitive Behavioural Therapies. Barcelona, July 2007. (Symposium organiser); Drummond C, Copello A, Baraclough C. New developments in Cognitive Behaviour Therapy of Substance Misuse; the UK Experience.

European Association of Behavioural and Cognitive Psychotherapies EABCP, Manchester, September 2004. (On behalf of the UKCBTMM Project Group). 'Training implications & applicability of CBT to the NHS drug treatment setting'.