

## EBI-LD

A feasibility study of a psychological intervention to address alcohol misuse for people with mild to moderate learning disabilities living in the community (EBI-LD). Funded by the Research for Patients Benefit programme of the NIHR. 2013-2015, £199,019. Chief Investigator. In collaboration with University College London.

### Research Team:

Prof. A. Hassiotis

Dr K Scior

Dr G Baio

Ms R Hunter

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### Peer reviewed publications

Kouimtsidis C, Scior K, Baio G, Hunter R, Pezzoni V, Hassiotis A. 2017. Development of a manual for Extended Brief Intervention for alcohol misuse for adults with mild to moderate intellectual disabilities living in the community. *Journal of Applied Research in Intellectual Disabilities*. (DOI: 10.1111/jar.12409)

Kouimtsidis C, Bosco A, Scior K, Baio G, Hunter R, Pezzoni V, Mcnamara E, Hassiotis A. 2017. A feasibility randomised controlled trial of extended brief intervention for alcohol misuse in adults with mild to moderate intellectual disabilities living in the community. *TRIALS*, 12;18(1):216. DOI: 10.1186/s13063-017-1953-0

Kouimtsidis C, Hassiotis A, Scior K, Hunter R, Baio G, Pezzoni V. 2015. A feasibility study of a psychological intervention to address alcohol misuse for people with mild to moderate learning disabilities living in the community (EBI-LD); study protocol for a randomized controlled trial. *Trials* DOI: 10.1186/s13063-015-0629-x.

Kouimtsidis C, Scior K, Hassiotis A. 2017. *A Manual for Extended Brief Intervention for Alcohol Misuse by People with Learning Disabilities*.



The intervention manual can be downloaded here:

[https://www.sabp.nhs.uk/application/files/7615/1669/9810/Research\\_manual4Alc.pdf](https://www.sabp.nhs.uk/application/files/7615/1669/9810/Research_manual4Alc.pdf)

### Other related peer reviewed papers

Williams F, Kouimtsidis C, Baldacchino A. 2018. Alcohol use disorders in people with intellectual disability. BJPsych Advances, Volume 24, Issue 4, pp. 264-272. <https://doi.org/10.1192/bja.2017.37>

Pezzoni V & Kouimtsidis C. 2014. Screening for Alcohol Misuse within People attending a Psychiatric Intellectual Disability Community Service. Journal of Intellectual Disability Research, DOI: 10.1111/jir.12168.

### National and International Conferences

ICAAD conference 2018, London. Alcohol misuse in special populations.

Royal College of Psychiatrists International Conference 2017. (Organiser and chair): Alcohol misuse and services in special populations: learning disabilities, people with traumatic brain injuries and pregnant women for the management of Foetal Alcohol Spectrum Disorders.

Society for Studies of Addiction Annual Meeting, 2016. (On behalf of EBI-LD study group). A feasibility study of extended brief intervention for alcohol misuse in adults with mild to moderate intellectual disabilities living in the community.